

# The first annual Wadi Degla Mountain Bike Challenge February 28<sup>th</sup>, 2009

## Release form

The Wadi Degla Mountain Bike Challenge is a volunteer-based and managed, non-profit event.

*The competitor identified below is at least 18 years old, or if competitor is younger than 18 (a "Minor"), the Minor's parent or legal guardian has read this agreement and has signed it on behalf of him/herself and the Minor if applicable.*

**MOUNTAIN BIKING IS A DANGEROUS AND HAZARDOUS ACTIVITY WHICH CAN RESULT IN SERIOUS INJURY OR DEATH.** It is different than road biking in that it is done on partially improved and unimproved trails and roads, as well as on naturally rugged terrain. There are risks inherent in mountain biking, including, but not limited to, rocks of various sizes, uneven and/or slippery trail conditions, varying slopes, variations in terrain, bumps, loose gravel and dirt, uneven surfaces, holes and potholes, other riders, etc. Training, competing or racing is more hazardous than Recreational/road cycling. Falls and collisions with objects on or about the trail, other trail users or other mountain bike riders do occur, and injuries are a common and ordinary occurrence for mountain bikers.

RECOGNIZING THE RISKS, YOU VOLUNTARILY CHOOSE TO TAKE PART IN THE EVENT AND, IF APPLICABLE, VOLUNTARILY CHOOSE TO ALLOW A MINOR TO TAKE PART IN THE EVENT AND REPRESENTS THAT THE COMPETITOR HAS THE SKILLS AND DEXTERITY TO PARTICIPATE IN THE EVENT AND WILL AT ALL TIMES RIDE WITHIN HIS/HER ABILITIES.

While adequate first aid preparations will be in place during the race, neither MTB Egypt nor any of the volunteers will be held responsible for any injuries as a direct or indirect result of competing in the race. Parents and/or Guardians agree that that they will instruct and direct minor competitors to abide by the rules and regulations of the event and hereby give permission for them to participate in the event.

**UNDERSIGNED HAVE CAREFULLY READ THE FOREGOING AGREEMENT, UNDERSTAND ITS CONTENTS AND SIGN IT WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE. (submission of the online race registration form confirms reading and agreeing to the information in this form )**

Name of competitor: \_\_\_\_\_

Signature of competitor: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
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